



PUSHPAGIRI

We care God cures

COLLEGE
OF
NURSING

Pushpamanjari

Quarterly Newsletter

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FROM PRINCIPAL'S DESK



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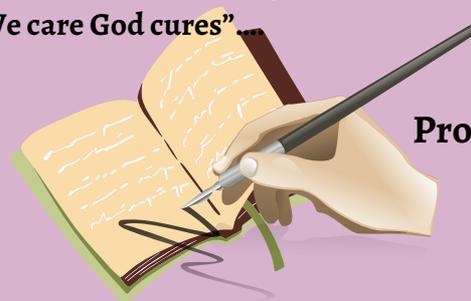
Ms. Mathew Soney

Ms. Jeena N Nair



Dear all,

While introducing this second issue of newsletter, I wish to highlight the focus of Pushpagiri Nursing College in the overall development of pupil as well as the employees. While going through the newsletter it is clearly evident. College gives due importance to personality development and thereby helps a person to utilize their strength wisely and overcome their weaknesses. Personality development is the process of making one's life better by igniting the talents within them. While developing the personality of pupils our ambition is to develop healthy families as well as societies through them. We also aim to create a strong learning environment that enhances the academic achievement and develop students' social and relationship skills that last throughout their lives. It is the core concept of our motto "We care God cures"



Prof. Sr. Terese SIC



ACTIVITIES AT A GLANCE

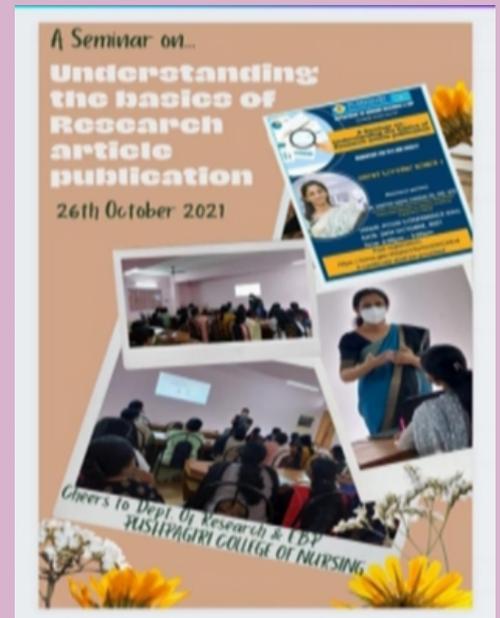
PERSONALITY DEVELOPMENT CLASS

A personality development class was organized on 22nd October 2021 at 1 pm via zoom platform. The speaker was Dr. Joice Geo, Associate Professor, Dept. of Psychiatry, Pushpagiri Institute of Medical Sciences and Research Center, Tiruvalla. The students were reminded of their role of knowing themselves, polishing their personality, keeping watch on their emotions and building healthy relationships with each other.



SEMINAR ON UNDERSTANDING THE BASICS OF RESEARCH ARTICLE PUBLICATION

A Seminar on “Understanding the basics of Research article publication” was organized by the Department of Nursing Research and EBP, Pushpagiri College of Nursing on 26th October 2021 for faculty and PG students. The resource person was Dr. Saritha Susan Varghese, Associate Professor and Scientist, Dept. of Community Medicine, Pushpagiri Institute of Medical Sciences and Research Centre. Our faculty and PG students actively participated and benefitted from the session.



STATE LEVEL SCIENTIFIC PAPER PRESENTATION

The State level Scientific paper presentation was conducted on 13th November, 2021 via zoom platform. Research abstracts were screened and selected for final presentation from different Colleges (5 PG & 17 UG). The judges for scientific paper presentation were Dr. Bharat Pareek, Vice Principal, Saraswathi Nursing Institute, Punjab and Dr. Jayasree. R, Senior Tutor, Oman College of Health Sciences, Sultanate of Oman. The winners were selected based on the predetermined evaluation criteria.



NAAC SENSITIZATION PROGRAM

A NAAC sensitization program was organized by the Internal Quality Assurance Cell (IQAC) of Pushpagiri College of Nursing (PCON) on 19th and 20th of November 2021 through Google meet platform. Dr. Agnes E. J. PhD (N), Professor, Dept. of Mental Health Nursing and Former IQAC Coordinator of Fr. Muller College of Nursing led the sessions, an overview about the seven criteria's of NAAC; which was followed by discussion and clarification of doubts.



CAREER ORIENTATION PROGRAMME

One-day training programme on career orientation for safe placement abroad was organized by the career guidance and placement cell of Pushpagiri College of Nursing. The resource persons were from the Centre for Management development (CMD) and Department of Non-Keralite residents of the Government of Kerala (NORKA roots) Nodal agency. The program was conducted on 26th November 2021 from 10am to 4pm at College of Nursing auditorium.



ENRICHMENT PROGRAM FOR STAFF & STUDENTS –

Enrichment program for staff & students were organized by the management of Pushpagiri College of Nursing on the topic- 'Let's be Smarter for a Better Tomorrow'. Lively interactive sessions were organized for the students, non-teaching staff and faculty following the COVID appropriate protocols. Dr. Alex George, Asst. Professor in Department of Education from St. Thomas College of Teacher Education, Pala, was the resource person for the day on 27th November 2021.



JOURNAL CLUB

1. Mrs Anila Velayudhan, Lecturer Dept. of OBG, PCON, presented a Journal article on 27th November 2021. The Citation is Brayfield, A. H., & Rothe, H. F. An index of job satisfaction. Journal of Applied Psychology, 35(5), 307–311.
<https://doi.org/10.1037/h0055617>



2. Sr. Deepa OSS, Asst. Professor, Dept. of Mental Health Nursing, PCON, presented an article on 14th December, 2021, The Citation is Michelle R. Persich, 1 Ryan Smith, 2 Sara A. Cloonan, 1 Rebecca Woods-Lubbert, 1 Michael Strong, 1 and William D. S. Killgore 1 “Emotional Intelligence training as a protective factor for mental health during the COVID 19 pandemic.22 : 10.1002/da.23202.
 doi: 10.1002/da.23202



CNE

Management of Pushpagiri College of Nursing sponsored 05 faculty (IQAC criteria incharges) from College of Nursing to attend a State level workshop on ‘KUHS Accreditation Standards and Process’ on 10th December, 2021 at Bishop Benziger College of Nursing, Kollam.

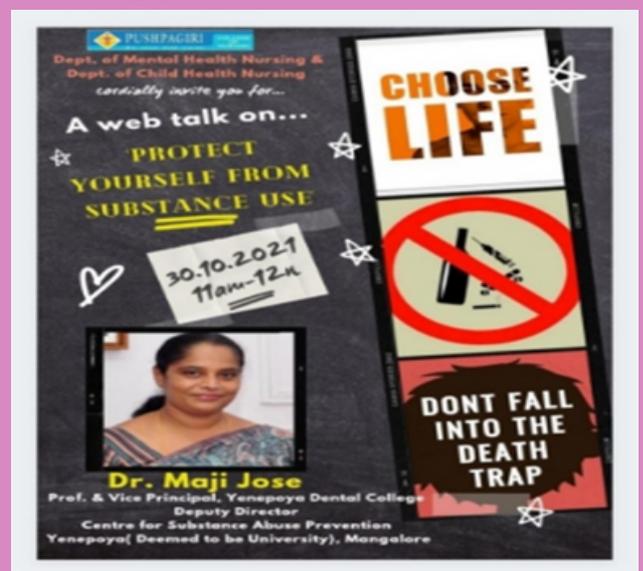


DEPARTMENTAL ACTIVITIES

WEB-TALK ON

'PROTECT YOURSELF FROM SUBSTANCE USE'

In association with the anti-drug addiction month, the Department of Mental Health Nursing and Child Health Nursing jointly organized a web-talk on 'Protect yourself from Substance Use' through zoom platform on 30th October 2021 at 11am. Dr Maji Jose, Prof. & Vice Principal, Yenepoya Dental College, Deputy Director, Center for Substance Abuse Prevention, Yenepoya Deemed to be University, Mangalore was the resource person. Students and Staff of Pushpagiri College of Nursing,



WORLD POLIO DAY

The Department of Child Health Nursing 3rd year BSc (2018 batch) nursing students observed the day by creating awareness through a role play organized in front of the Pediatric immunization clinic on 28th October at 11.30am.



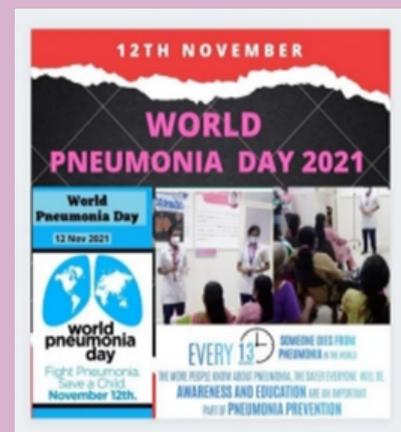
WORLD IMMUNIZATION WEEK

The Department of Child Health Nursing and 3rd year BSc Nursing students (BSc 2018 Batch) observed the Day on 15th November by organizing a group health education program at Antenatal OPD at 2.30pm



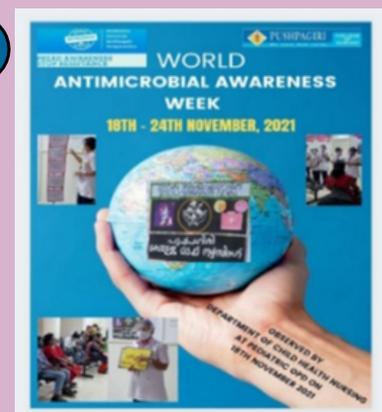
WORLD PNEUMONIA DAY

The Department of Child Health Nursing observed the World Pneumonia Day on November 16 2021 at 3pm through an awareness skit using a variety of AV aids at the Pediatric OPD. Parents and Bystanders at the OPD were actively participated and appreciated the group for the information received.



WORLD ANTIMICROBIAL AWARENESS WEEK

World Antimicrobial Awareness Week (WAAW) was celebrated on 18th November at Pediatric OPD of Pushpagiri Medical College, Tiruvalla



NEWBORN WEEK CELEBRATION

Department of Child Health Nursing celebrated the newborn week on November 22nd among postnatal mothers admitted in the post natal ward of the Pushpagiri Medical College Hospital. Postnatal mothers and their immediate care takers participated in the health awareness program. The third year B.Sc Nursing students demonstrated the basic procedures of newborn care at home.



WORLD AIDS DAY AWARENESS PROGRAMME

Department of Community Health Nursing in collaboration with Department of Medical Surgical Nursing and SNA conducted an awareness programme on 1st December 2021 at Mother and Child Block of Pushpagiri Medical College Hospital. A group health education was conducted in the form of a skit and dance for giving the awareness. The programme was inaugurated by Dr. Sreedevi, Professor cum HOD of OBG department of Pushpagiri Medical College and felicitation was given by Dr. Susan Mathew, Professor & Head of the unit, OBG Department. The skit was performed by 4th year BSc Nursing students and a theme based dance was performed by second year BSc Nursing students



WORLD DISABILITY DAY AWARENESS PROGRAM

The Department of Community Health Nursing, Mental Health Nursing & NSS Unit together conducted the World Disability Day awareness program on December 8th, at KSRTC Bus stand, Thiruvalla. Second year and third year B.Sc Nursing students performed a Flash Mob followed by a Street play using variety of Audio Visual aids based on the theme of "Leadership and participation of persons with disabilities toward an inclusive, accessible and sustainable post-COVID-19 world."



NSS AND SNA ACTIVITIES

GARDENING



NSS team setting up the Herbal garden in the Pushpagiri College of Nursing Campus

ESSAY COMPETITION



The NSS unit and SNA unit of Pushpagiri College of Nursing conducted an Essay competition in association with the National Unity Day

BOOK EXHIBITION 2021

An annual book fair was conducted from 03/12/2021 to 08/12 2021 at Library hall in Pushpagiri College of Nursing . It was an opportunity for the students and faculty to go through latest academic books by various publishers namely CBS, Lippincott, Jaypee, MGH, John Wiley etc.

Pushpagiri College of Nursing

OBSERVATION OF THE NATIONAL UNITY DAY



The National Service Scheme unit of Pushpagiri College of Nursing took a pledge in relation to National Unity Day on 31st October 2021 via Zoom Platform. Approximately 100 volunteers participated

OTHER EVENTS

COLLEGE COUNCIL

College council meeting was conducted on 2nd December, 2021. The meeting discussed about Jagratha committee (Covid protocol revision) , evaluation of academic and student discipline.



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1st year



2nd year



3rd year



4th year

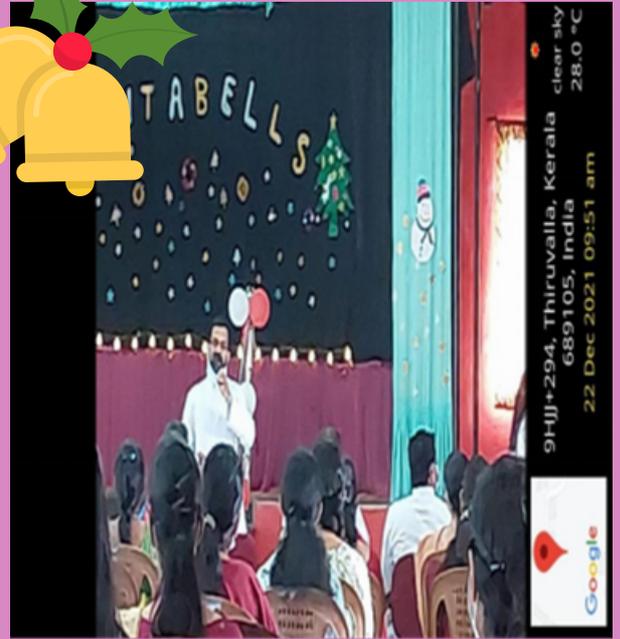
PTA meeting was conducted on 22 and 23 December, 2021 to acknowledge the academic status of students and sign the exam progress report

COMMENCEMENT OF SECOND YEAR M.Sc NURSING COURSE

The second year classes commenced on 13 December, 2021 with a prayer in the chapel. Prof. Sr. Terese SIC(Principal) , Sr. Mary Jyothi OSS(Vice – Principal Administration) Ms. Renjini Devi (Vice – Principal Academic), Mrs. Vineetha Jacob (Class co- coordinator) and other faculty members were present for the inauguration which was followed by subject orientation regarding various subject .

CHRISTMAS PROGRAMME

The Christmas programme was coordinated by SNA team on 22 December 2021 at college auditorium. Fr. Aby Vadakkumthala, Fr. John Padipurackal and Fr. Roy delivered Christmas messages which was followed by cake cutting and cultural programmes. Prizes for the winners of caption writing, elocution English and Malayalam were also distributed during the occasion



NUTRITION PRACTICAL



As a part of curriculum requirements first year B.Sc. Nursing students participated in the nutrition practical on 9th and 10th December, 2021. They prepared menu plan for various age groups and disease conditions and demonstrated various nutritious food preparations explaining their importance and nutrient values.





ACHIEVEMENTS & AWARDS



COLLEGE ACCOMPLISHMENTS:

STUDENT VICTORIES /ACTIVITIES



CAROL COMPETITION



Pushpagiri College of Nursing won 3rd prize in the Inter-Pushpagiri Christmas Carol Song competition held on 21st December 2021 at Pushpagiri Senate Hall

FACULTY ACHIEVEMENTS

COMPLETED CERTIFICATE PROGRAMS FROM OCT TO DEC 2021

- Prof. Sr.Terese SIC, completed the certificate course on Health Care Quality Practioner from AHPI Institute of Health Care Quality and Global Health Care College Sweden.
- Mrs. Shibi Mariam, Asso. Professor completed Basic Research Course for nurses from CMC Vellore .
- Mrs. Jisha Mary, Asst. Professor completed Basic Research Course for nurses from CMC Vellore

RESEARCH PUBLICATIONS

- Silvy Mathew, Delcy Mathew . A Study to Assess the Perception about Factors Influencing Patient's Participation in Nursing Care and Decision Making Process Among Patients Admitted in Cancer Hospital and Research Institute, Gwalior, M. P. International Journal of Science and Research .2021;10 (12)
- Wincy Mary. A Study to Assess the Effectiveness of Information Booklet on Knowledge Regarding Ill Effects of Passive Smoking on Children among Parents of Selected Urban Area in Mysore International Journal of Science and Research .2021;10 (12)

CONGRATULATIONS



**Ms.Jisha Mary George,
Asst. Professor,
Department of Mental
Health Nursing cleared
KUHS Ph.D. entrance
examination.**

Pushpagiri College of Nursing

FAREWELL PARTY

A farewell party was organized for the outgoing batch of M.Sc. Nursing (2019-2021 Batch) on 17/12/21 at the College Auditorium by their juniors (2020- 2022).



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NEW INITIATIVES

PCON CELEBRACIO



Pushpagiri College of Nursing started monthly get together for celebrating feast and birthdays of all staff.

ALUMNI ACHEIVEMENTS



Ms. Sanju Santhosh (2013) batch cracked AIMS Nursing officer exam

ALUMNI CORNER

Alumni speaks



Selecting Pushpagiri College of Nursing for my post graduation was the best decision I made. I am pleased to be a part of our college magazine newsletter and It reminds me of my college days with colorful memories. An excellent college with greater amenities and the best faculty team, helps to mold you in and out. The clinical exposure we got from the hospital helped us to be competent enough as best nurses and being a post graduate from PCON I can proudly say that the training we have received from there helps us to excel in our career growth, whether its in clinical or teaching field. I wish all the very best to team Pushpagiri and I am so proud to be a Pushpagirian.

NISHA .S

M.Sc.(N) 2016-2018 BATCH

