

PUSHPAMANJARI

QUARTERLY NEWSLETTER

Vol. 04 | Issue 04 | September -December 2024

PRINCIPAL'S DESK



Greeting from Pushpagiri College of Nursing,
I am constantly appreciative for the vibrant learning community we have built together, and I am particularly proud of the resilience and spirit of our students and staff. Our second semester and fifth semester students 2023, and 2021 B.Sc (N) respectively secured 100 percentage result for their university exam. We are dedicated to providing a complete education that nurtures not only academic excellence but also personality development and social responsibility. Our both staff and students has been participated various social activities like tribal health care activities at under the areas of Seethathodu PHC. I extend my sincere gratitude to our dedicated teachers, supportive staff, and engaged parents for their unwavering commitment to our students' success. I am confident that, together, we can achieve great things. Sincerely,

Prof. Vineetha Jacob

Principal



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Editorial Board

Newsletter Publisher : **Rev. Fr. Aby Vadakkumthala**

Chief Editor : **Prof. Vineetha Jacob**

Associate Editor : **Ms. Jeena Kunjachan**

Sub Editors : **Prof. Sr. Mary Jyothi OSS**

Ms. Jeena N. Nair

ACTIVITIES AT A GLANCE

MAJOR EVENTS

STATE LEVEL WORKSHOP ON ACCREDITATION AND PRACTICE STANDARDS

Dept. of Nursing Education and Administration, first year M.Sc. Nursing students of Pushpagiri College of Nursing organized a state level workshop in collaboration with Nursing service department and quality assurance cell of Pushpagiri Medical College hospital on the topic “Accreditation and Practice Standards” on 18 December, 2024 at College Auditorium. The first Session ‘Formulation of Protocol and Policies in Management of Nursing Services’ lead by Mrs. Renuka Devi.GM, Quality and Accreditation, PMCH and second Session ‘Practice Standards in Hospital Setting’ lead by Mrs. Suvarna S Panicker, CNO,PMCH subsequently, inauguration meeting commenced with Prayer song. Prof. Vineetha Jacob, Principal welcomed the gathering. Rev. Fr. Aby Vadakkumthala, Director,Institutions inaugurated the programme along with Inaugural Address. Vote of Thanks done by Ms. Roniya Maria Bijumon, second year M.Sc (N) student. Prof. Dr. Anoop K. R Principal, SIMET College of Nursing took class on the topic ‘Standards in Nursing Education Programme and its Maintenance and Accreditation Guideline in Educational Institution’. At the end, participants filled feedback form and received certificates with KNMC 5.5 credit hours. Nearly 200 participants participated.



INDUCTION & INAGURATION CEREMONY

Pushpagiri College of Nursing organized 23rd batch of B.Sc (N) and 14th batch of M.Sc (N) course inauguration on 04 November, 2024 at PCON Auditorium. The programme started with prayer song and Prof. Renjini Devi, Vice Principal, academic delivered welcome speech. Rev.Fr.Aby Vadakkumthala, Director of Institutions Presided the event. The programme Inaugurated by Rev.Fr. Biju Varghese, CEO Pushpagiri group of Institutions and Felicitated by Mr.Sajeew Thomas, PTA President and Ms. Aleena N.J , B.Sc (N) Third semester student. Prof. Vineetha Jacob Principal, PCON delivered introductory speech. At the end vote of thanks conveyed by Mrs. Linda Varghes Asst. professor PCON. Total 325 Students and Saff participated in the event.





CONTINUING NURSING EDUCATION



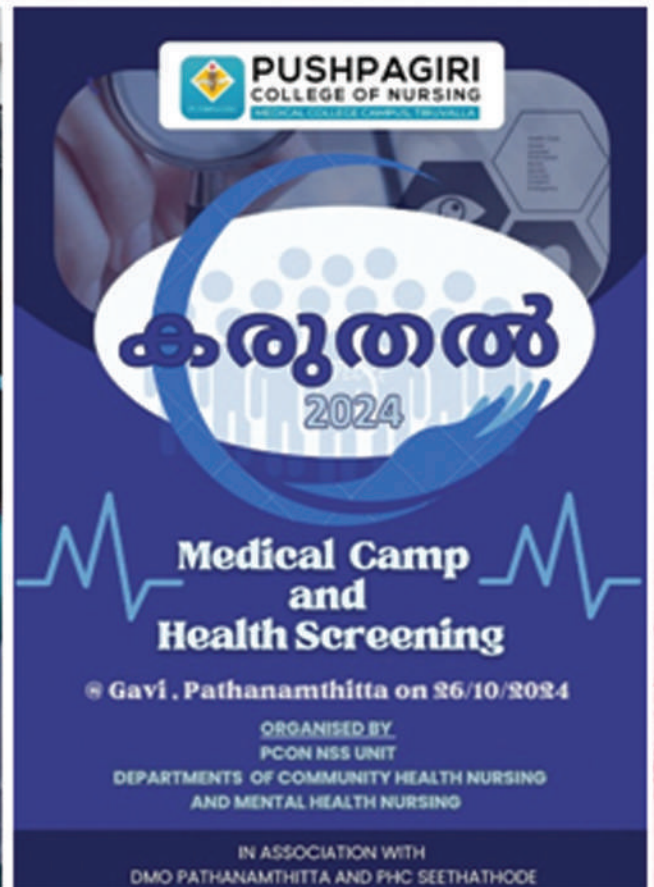
Sr. Tessin SIC and Mrs. Akshaya. M. Nair presented on the topic ‘ Nursing intervention strategies and their effectiveness on restless leg syndrome and psychosocial problems in chronic kidney disease patient and Prof. Sr. Mary Jyothi OSS presented on the topic SBAR method for improving wellbeing in the internal medicine unit-Quasi Experimental Research also, Mrs. Neethu Devan & Mrs. Jyothi J. R. presented on the topic ‘The needs of parents of children with allergic diseases in pre-school and school: A focus group study’ on 29/10/2024, 27/11/ 2024 19/12/2024 respectively at Conference Room.

COLLABORATION WITH BODHANA (NGO)



Pushpagiri College of Nursing organized various activities as part of MEDICARE programme which is conducted by Tiruvalla Social Service Society. First semester B. Sc. Nursing students assisted health check-ups as well as performed recreational programmes at Bodhana, Thiruvalla. Nearly 100 people benefited this programme.

TRIBAL HEALTH CARE ACTIVITIES



Pushpagiri College of Nursing has conducted Monthly tribal health care activities including health camps and screening at Gavi, Pathanamthitta on 10 October, 2024 in collaboration with Seethathodu PHC. Moreover, distributed free food kit and cloths to needy people. 30 family benefited the same.

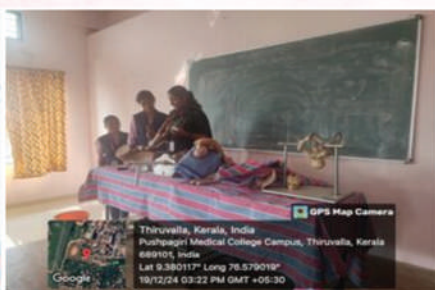
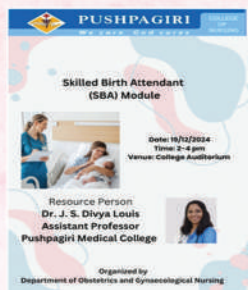
OBSERVATIONAL VISIT

As part of the educational tour, Final year B.Sc. Nursing Students and faculty from Upasana College of Nursing visited Pushpagiri College of Nursing on 2nd Dec 2024. Prof. Sr. Mary Jyothi OSS, Vice Principal (Admin.) PCON took class based on their objectives. Physical orientation given by Prof. Sr. Mary Jyothi, Ms. Suby Iype and Ms. Ligy Thomas. In the end, they filled the feedback forms.

DEPARTMENTAL ACTIVITIES

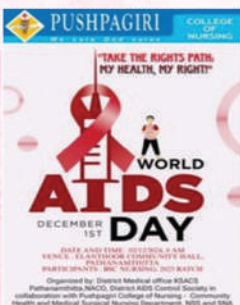


Dept. of Mental Health Nursing, PCON and Pushpagiri Medical College Hospital jointly conducted stroke day exhibition and awareness program on 29 October, 2024 at senate hall PMCH. Nearly 50 members joined the programme.



The Department of Obstetrical & Gynecological Nursing organized a module Workshop on SBA Module in Nursing on 19 December, 2024. The resource person of the workshop was Dr. Divya Louis, Assistant Professor, Puspagiri Medical College. The participants of the programme were 6th semester B.Sc Nursing 75 students of Pushpagiri College of Nursing, Thiruvalla participated in this programme. The workshop was organized on basis of practical session and lecture session. Certificates were also given for the participants of the workshop.

WORLD AIDS DAY



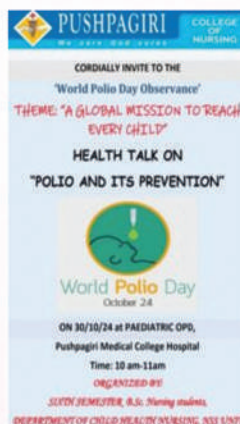
Dept.; of Community Health Nursing, SNA and NSS unit of PCON participated AIDS day rally and programmes organized by District medical Office (DMO) Pathanamthitta on 2 December, 2024 at Elanthoor. More than 10 institutions participated the rally. Among them Pushpagiri College of Nursing won first Prize. Nearly 1000 participants participated.

BOOK EXHIBITION



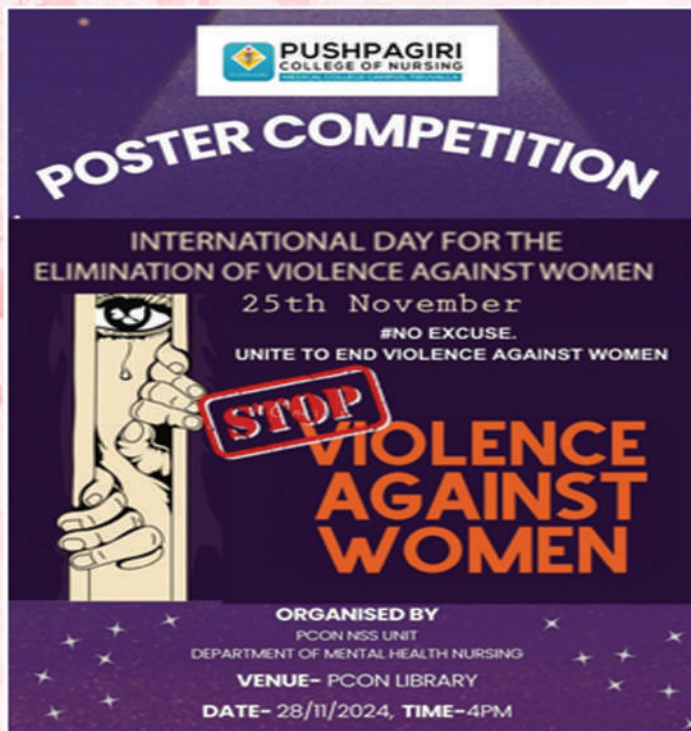
Pushpagiri College of Nursing Library conducted a book exhibition on 08 December, 2024 in association with CBS book publishers. Faculty and students suggested and selected the latest books for annual library collection. Nearly 200 students and 30 faculty benefitted the same.

WORLD POLIO DAY OBSERVANCE



Dept. of Child Health Nursing, NSS Unit and Sixth Semester B.Sc. Nursing Students of Pushpagiri college of Nursing observed world polio day on 30 October, 2024 at Paediatric OPD, PMCH Students took an awareness class on the topic "Polio and its Prevention" with the help of a role play. Nearly 30 people were present the programme. This helped to create an awareness to the public regarding the importance of vaccination in the global eradication of polio.

INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN



Dept. of Mental Health Nursing conducted poster competition as a part of observance of the International day for the elimination of violence against women on 28 November, 2025 at college library.

WORLD STROKE DAY



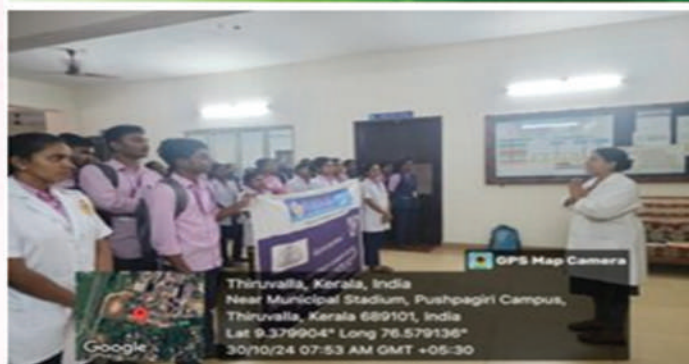
Department of Medical Surgical Nursing conducted stroke awareness health talk on Radio Macfast 90.4 FM. Fourth semester students Ms. Athena Santosh and Ms. Anju Binoy, presented the topic stroke and its management. On 22nd October 2024, the programme was recorded at Macfast College Thiruvalla, which was broadcasted on 29th October 2024.

CHILDRENS DAY



Dept. of Child Health Nursing celebrated children's day on 14 November, 2024 at paediatric ward.

SNA/NSS/COLLEGE UNION ACTIVITY



NSS unit of PCON celebrated National Unity Day 30 october,2024 at Nursing College campus. All nursing students from the PCON.

ACHIEVEMENTS & AWARDS

ACADEMIC ACHIEVEMENTS



CAROL COMPETITION

The Christmas Carol Song Competition, organized in Macfast FM radio 90.4, which was held on 13th December, brought together talented young singers in a festive celebration of music and Christmas joy. Schools and colleges in the local area were invited to participate in the competition by registration process. Our college selected the second-place in Carol song choirs among 10 teams were awarded cash prizes, trophies, and certificates of achievement.



CHRISTMAS PROGRAMME

Pushpagiri College of Nursing celebrated Christmas Program "FELIX NOEL" held on 21/12/2024 was a grand and memorable event celebrated with enthusiasm and festive spirit. The program aimed to embrace the joy and warmth of the holiday season, offering a variety of performances, activities, and a sense of community. Students formed groups and decorated the college campus with Christmas-themed ornaments, lights, and festive displays. Students participated Christmas carols in groups. Students participated in various Christmas program to share presents and spread happiness among their peers.

SCIENTIFIC PAPER PRESENTATION

An international scientific paper presentation was done by Mrs. Jeena Kunjachan Asst. professor, PCON on the topic "A study to assess the effect of Structured Teaching Programme on knowledge regarding Post Covid Syndrome among fourth year B.Sc. Nursing Students in selected colleges of Pathanamthitta district" organized By Little Flower College of Nursing, Tiruvanthapuram. On 12th December, 2024.

WELCOME




FAREWELL




Thank you Mrs. Teena Rachel, Tutor, Mrs Anju Ann Dept. of Medical Surgical Nursing for your valuable services and contribution to the Pushpagiri College of Nursing.

RETREAT

HOLY FIRE ANOINTING MINISTRY



DECEMBER 6,7,8



**PUSHPAGIRI COLLEGE OF NURSING
THIRUVALLA**

NURSING STUDENTS RETREAT

LET US COME TOGETHER IN PRAYER AND
BEGIN MAKING PREPARATIONS FOR OUR
UPCOMING RETREAT.

Pushpagiri college of Nursing conducted three days retreat for students and faculty from 6 December to 8 December 2024 at PCON auditorium under the leadership of Holy fire Anointing Ministry. All students and faculty from the PCON participated and it was benefited for all PCON family.

ALUMNI SPEAKS



Learn for tomorrow not today* Focus on your long-term growth and preparation rather than immediate gains by proper planning and acquiring knowledge that will benefit you in the future. Pushpagiri College of Nursing one of the top and best nursing colleges in Kerala offers you the best exposure of B.Sc. (N) curriculum, explore it to the fullest. Enjoy your college days along with the learning process. Wish you all the very best.

Jatheesh
BSc (N) 2005 batch